

# WEIGHT LOSS PROGRAMS

## Semaglutide Injections

### MEDICALLY SUPERVISED 3-MONTH PROGRAM INCLUDES

- 2 sets of labs
- 3 month prescription for Semaglutide + B12
- 3 office visits with your medical provider
- 3 in-office body composition measurements

**\$399**  
PER MONTH

Semaglutide is the first anti-obesity medication to hit the market since 2014 and mimics a health-promoting, naturally occurring peptide in the body (GLP-1). Studies have shown it reduces appetite, improves control of eating, and reduces food cravings, in addition to improving blood sugar control. When used in a weight loss program, the medication should always be paired with an improved diet and a regular healthy exercise program. For people with weight concerns or weight-related medical problems, Semaglutide can be an effective choice for helping lose weight.

**CALL 469-530-4214**

**to book a free  
consultation**

# HOW IT WORKS

Originally developed as a treatment for type 2 diabetes, Semaglutide is proven in helping people rapidly lose weight. It does this in three ways:

**1.** The GLP-1 hormone present in the medication slows down how fast your stomach moves food through, which makes you feel fuller longer and discourages binge eating.

**2.** The hormone prevents the liver from releasing sugar into the bloodstream, which would otherwise contribute to fat buildup.

**3.** Semaglutide stimulates the pancreas to secrete insulin, reducing blood sugar even more.

## WHAT SHOULD YOU EXPECT DURING THE TREATMENT?



Your first meeting with your medical provider will consist of a medical history, a body composition analysis, and an overview of the program to determine if you're a candidate. If you're a candidate, your provider will take a blood sample and run labs to ensure no medical concerns.



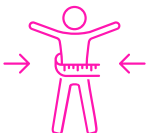
In 2-3 days you will return to the office to discuss your labs, will receive your first painless subcutaneous injection, and will receive 3 small syringes with the medication pre-drawn for your weekly injections for weeks 2-4 at home.



During weeks 2-4 you will administer your injections at home. You should start seeing some decrease in appetite and weight loss during this time. If you're experiencing any side effects, your medical provider can prescribe medications to manage these.



At the beginning of months 2 and 3 you will return to the office for a visit with your medical provider to discuss your progress, conduct another body composition analysis to measure progress, answer any questions, and receive your next 4 syringes to inject at home.



**Enjoy the new, slimmed down version of yourself.**

Semaglutide is effective, but it isn't for everybody, including children under 18 or over age 75. Adults who take it to lose weight should have a BMI greater than 27. Semaglutide is only available with a medical provider's prescription. Because of the risk of side effects or interactions with other prescription drugs and herbal products, you'll need to check in with a practitioner on a regular basis as long as you're using semaglutide as a weight loss medication.